



## **Children and Families Wellbeing Project training: Supporting Refugee Children in Schools and Colleges**

Solace provide mental health and wellbeing support for refugees and asylum seekers in the Yorkshire and Humber region, More information about our projects can be found at [www.solace-uk.org.uk](http://www.solace-uk.org.uk)

### Child and Family Therapy, Support, Training and Consultation

Do you have refugee students who have arrived through the UK Resettlement Programme who are struggling emotionally, or to settle in?

Are you working with parents who have concerns about how their children are settling in at school, or a particular child's behaviour?

There is therapeutic support available: for the child or young person, their family, and their place of education (all ages up to 19). This is open to any eligible child and family regardless of the severity of their symptoms (i.e. there is no lower threshold).

We offer:

- Free specialist child and family therapy to refugee children and families who arrived as part of the UK Global Resettlement programmes. This includes individual, family and group work.
- Training for staff at schools and colleges and for case workers and other professionals in working effectively with trauma and the impact of forced migration.
- Consultation and support to develop strategies with families and in the classroom, as part of a wider network of support

Solace training is FREE and can be delivered in person or online and tailored to meet your needs. Sessions run from one hour to half-day sessions, led by therapists from the Solace Children and Families Wellbeing Project (CFWP) team and can include:

- Raising awareness of the traumatic experiences of the child and their impact
- Understanding Stress, Trauma and Vicarious Trauma
- Effects of trauma on learning
- The importance of schools and teachers
- Strategies in the classroom
- Self-care for support staff working with asylum seekers and refugees.
- Information about our work in the CFWP at Solace

For enquiries about training in Bradford, please contact [amelia@solace-uk.org.uk](mailto:amelia@solace-uk.org.uk)